

OCTOBER 29, 2023 8:30AM @ CRISSY FIELD www.bionic1mile.com

WHAT DO I GET FOR REGISTERING?

Everyone who registers will receive a participant shirt and outstanding performers will receive exclusive Bionic Project Inc. performance shirts.



PACKET PICK UP

We'll be holding a packet pick up on Saturday, October 28th from 10am to 2pm at event sponsor Sports Basement Presidio (610 Old Mason Street, San Francisco, CA 94129). Come pick up your bib, meet other participants and get a 20% shopping discount courtesy of Sports Basement. If you can't come on Saturday, there will be race day number pick-up at the start/finish line area before the race on Sunday morning. Please arrive early to avoid lines.

START & FINISH LINE LOCATION

The start and finish line is located on Crissy Field, across from Sports Basement. The 5k race begins at 8:30am. The 1 Mile race begins at 9:00am.

FESTIVAL ZONE

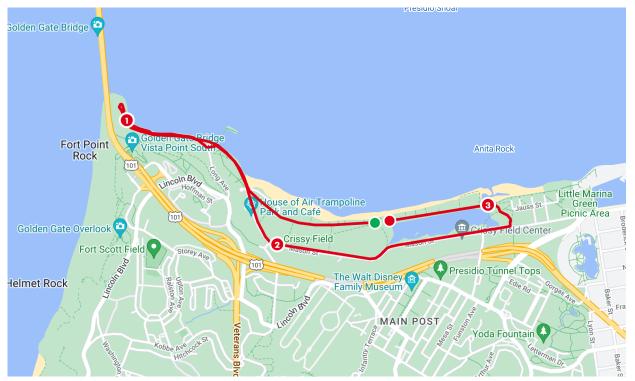
Join us for music and awards, including an interactive demonstration by the Stanford Neuromuscular Biomechanics Lab, free beer and swag from Athletic Brewing Company, and complimentary refreshments

PUBLIC TRANSPORTATION & PARKING

MUNI provides an array of helpful connections to Crissy Field from a variety of transit stops located about the city. Additional information can be located by calling 415-673-MUNI or visiting www.sfmuni.com.

Recommended parking for the event is located at East Beach Parking Lot. Participants may be dropped and picked up from the East Beach Parking Lot. There is no event parking at Sports Basement

5K COURSE MAP



1 MILE COURSE MAP

